

**Massillon Bands
Blizzard Bag Assignment**

Please complete one Practice Journal entry per day of school missed. Practice journals are due 2 weeks from the day of school missed

Name:

Band:

Date:

Warm-up & Technique	Tues	Wed	Thurs	Fri	Sat	Sun	Mon
LongTones							
Lip Slurs							
Scales							
Songs (write the songs you practice)							
Other							
PARENT SIGNATURE:							

Suggested Practice Techniques

Fingerings	Rhythm	Tone
5X in a row with no mistakes Start slow, then speed up Practice in small bites Start in different spots	Count and Clap Play it on one note Take out the ties Use a metronome!	Try different tongue placements Crescendo drills Blow "warm" air

You must practice at least 40 minutes for every day you record on the practice sheet.

REFLECTION

Self-Assessment Symbols (put these in the boxes):

Plus sign (goal met), Check mark (improvement), minus sign (no improvement)